

HOSPITAL CHECKLIST

WHAT TO PACK FOR LABOUR & DELIVERY

FOR BABY



Qty

<input type="checkbox"/> Baby Shirts or Baby Frocks	10
<input type="checkbox"/> Cloth Nappies (22" x 22")	20
<input type="checkbox"/> Baby Swaddles	6
<input type="checkbox"/> Baby Towels	2
<input type="checkbox"/> Baby Receiving Blanket	1
<input type="checkbox"/> Newborn Sleepsuits	2
<input type="checkbox"/> Burp Cloths	10
<input type="checkbox"/> Baby Wipes	1 Pack
<input type="checkbox"/> Newborn Baby Diapers	1 Pack
<input type="checkbox"/> Socks, Mittens & Hats	2 Sets
<input type="checkbox"/> Baby Lotion, Baby Shampoo & Body Wash	1 Bottle each
<input type="checkbox"/> Baby Pins	6
<input type="checkbox"/> Mackintosh	1
<input type="checkbox"/> Bolster Pillows	2
<input type="checkbox"/> Baby Basin	2 Basins will be provided by the hospital
<input type="checkbox"/> Take-Me-Home Outfit	As necessary

FOR MOM



Qty

- | | |
|--|--------------|
| <input type="checkbox"/> Night Dresses / Jacket With Front Opening | 4 |
| <input type="checkbox"/> Skirts / Pants | 3 |
| <input type="checkbox"/> Nursing Bras | 2-4 |
| <input type="checkbox"/> Shower Slippers | 1 Pair |
| <input type="checkbox"/> Toiletries | As necessary |
| <input type="checkbox"/> Comb, Hair Ties, Hair Clips | As necessary |
| <input type="checkbox"/> Nursing Pillow | 1 |
| <input type="checkbox"/> Bath Towel | 1 |
| <input type="checkbox"/> Going Home Outfit | As necessary |
| <input type="checkbox"/> Thermal Flask | 1 |

FOR DAD



- Comfortable Clothes & Footwear
- Pajamas
- Toiletries
- Going Home Outfit

OTHERS



- Antenatal Medical Records, Diagnosis Card
- ID / Passport of both Mom & Dad
- Insurance Card (if available)
- Phones & Phone Chargers
- Camera, Charger, Batteries